



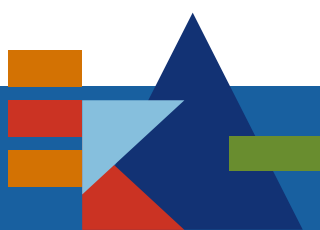
# UNIVERSITY INTERNATIONAL SPORTS FESTIVAL

19 – 31 August 2023

First information bulletin

## TABLE OF CONTENTS

WELCOME MESSAGE	1
GENERAL INFORMATION ABOUT EKATERINBURG	3
SPORTS PROGRAMME AND COMPETITION SCHEDULE	5
REQUIREMENTS FOR THE PARTICIPANTS	8
COMPETITION VENUES	10
ACCOMMODATION	11
FOOD AND BEVERAGE	12
TRANSPORTATION	13
ARRIVAL AND DEPARTURE	13
INSURANCE	14
ACCREDITATION AND REGISTRATION	15
MEDICAL ASSISTANCE AND DOPING CONTROL	17
ANTI-EPIDEMIC MEASURES	18
CONTACT DETAILS	19



Dear friends,

On behalf of the Russian Students Sport Union, I am pleased to invite you to take part in the University International Sports Festival, dedicated to the ceremonial opening of a new Ural Federal University campus.

There can be no doubt that the Festival will become one of the most important and interesting sports events in 2023.

University sport is instrumental in fostering a pro-active attitude, patriotism, tolerance, and respect for traditions in the younger generation, since university sport has abundant value potential; it unites young people from different parts of the world, has a direct impact on the society general culture, spiritual and physical education of youth.

These two weeks have to offer an interesting and intense sports programme, a foray into cultural traditions, sharing of experience and knowledge, as well as an opportunity to get to know hospitable Ekaterinburg.

I am certain that the first University International Sports Festival which will take place in the very heart of the Urals, will leave the most vivid memories from the festivities, and will help keep and increase the motivation for a healthy lifestyle, regular physical exercises, and sports.

**I sincerely wish all future Festival participants bright victories, new records, excellent mood, and a never-ending push forward!**

**See you in Ekaterinburg!**



*Sergey Seiranov*  
*RSSU President*

Dear friends,

We are happy to present to you the University International Sports Festival, a major sports event which will be unveiled in Ekaterinburg in August 2023. Our Festival will gather university athletes from many parts of the world and will coincide with the celebration of the 300th anniversary of Ekaterinburg.

Ekaterinburg has a rich history and an impressive sports record. Sport is loved and appreciated here, whether it is ice hockey, volleyball, rhythmic gymnastics, combat sports or traditional running marathons which locals take part in. On numerous occasions, the city has been successful in hosting global events, including matches of the 2018 FIFA World Cup.

The programme of the University International Sports Festival includes 14 summer sports. As part of national teams, young athletes from different parts of the world will represent their universities. This will ensure a special atmosphere of a multinational sports celebration both for the sports teams and public.

Participation in the Festival sports events gives all of you a chance to get a competition practice at a top level and to feel part of global sports community. This is a perfect platform for sharing experience at one of the most developed university sports centres in our country. Last but not least, this is a rare opportunity to try out the all-new venues built according to international standards.

**I am confident that the event will find its audience and those willing to participate, and our Festival will mark a milestone in the history of university sport and pave a new way forward.**

**See you soon in Ekaterinburg!**



*Alexander Chernov*  
*Organising Committee CEO*





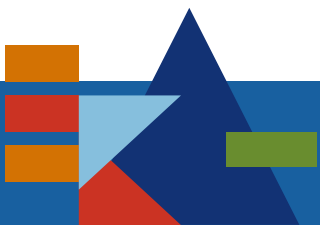
## GENERAL INFORMATION ABOUT EKATERINBURG

### Host city. Ekaterinburg

Ekaterinburg is the administrative centre of Sverdlovsk Region with a population of almost 1.5 million. The city is two-and-a-half-hours away from Moscow by plane. Ekaterinburg is located near the border between two continents: Europe and Asia.

The city strategic position contributes to its economic development. Ekaterinburg is one of Russia's largest transport and logistics hubs. Ekaterinburg is also the country's most compact city with over a million residents.

Ekaterinburg is located on the Iset river and has a wide variety of different attractions. It is one of the most exciting cities to visit in Russia.



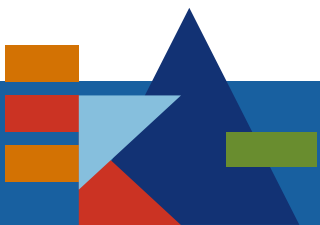


## Climate and weather conditions in Ekaterinburg

The city of Ekaterinburg is located in the Middle Urals where temperate continental climate borders the continental one. The Ural Mountains have a significant impact on climate, since they serve as a barrier to humid air masses from the west (the European part of Russia), yet do not stop cold air from the Arctic and the West Siberian Plain and the inflow of warm air from the Caspian Sea Region and the deserts of Central Asia. For these reasons, weather anomalies are not rare in Ekaterinburg: in winter, conditions vary from  $-40^{\circ}\text{C}$  to thaws and rains while in summer the temperature may sometimes exceed  $35^{\circ}\text{C}$  or drop below zero.

In August, the weather in Ekaterinburg is usually warm and comfortable, with an average monthly air temperature of  $16.2^{\circ}\text{C}$ . In August, precipitation most often occurs in the form of rain, mostly rain showers. Lingering overcast and drizzling rains are less common. The average long-term monthly precipitation is 74 mm.

Average minimum temperature, $^{\circ}\text{C}$	Average normal temperature, $^{\circ}\text{C}$	Average maximum temperature, $^{\circ}\text{C}$	Average rainfall, mm	Wind velocity, m/s	Humidity, %
+12,2 $^{\circ}\text{C}$	+16,2 $^{\circ}\text{C}$	+21,4 $^{\circ}\text{C}$	75 mm	2,4 m/s	73%



The University International Sports Festival will take place in Ekaterinburg from 19 to 31 August 2023.

The Festival Sports Programme will comprise 14 sports:

Nº	Sport	Events	Date of arrival (no earlier)	Competition dates	Dates of departure (no later)
1	Badminton	<ul style="list-style-type: none"> <li>● Men: singles, doubles</li> <li>● Women: singles, doubles</li> <li>● Mixed doubles</li> <li>● Mixed Team tournament (up to 16 teams)</li> </ul>	18 August	21 – 26 August	27 August
2	Basketball 3x3	<ul style="list-style-type: none"> <li>● Men's tournament (16 teams)</li> <li>● Women's tournament (16 teams)</li> </ul>	25 August	28 – 30 August	31 August
3	Boxing	<ul style="list-style-type: none"> <li>● Men: 48 kg, 51 kg, 54 kg, 57 kg, 60 kg, 63,5 kg, 67 kg, 71 kg, 75 kg, 80 kg, 86 kg, 92 kg, 92+ kg</li> <li>● Women: 48 kg, 50 kg, 52 kg, 54 kg, 57 kg, 60 kg, 63 kg, 66 kg, 70 kg, 75 kg, 81 kg, 81+ kg</li> </ul>	16 August	19 – 24 August	25 August
4	Volleyball	<ul style="list-style-type: none"> <li>● Men's tournament (12 teams)</li> <li>● Women's tournament (12 teams)</li> </ul>	23 August	26 – 31 August	1 September
5	Judo	<ul style="list-style-type: none"> <li>● Men: up to 60 kg, +60 to 66 kg, +66 to 73 kg, +73 to 81 kg, +81 to 90 kg, +90 to 100 kg, +100 kg</li> <li><b>Team competitions:</b> team (up to 66 kg, +66 to 73 kg, +73 to 81 kg, +81 to 90 kg, +90 kg)</li> <li>● Women: up to 48 kg, +48 to 52 kg, +52 to 57 kg, +57 to 63 kg, +63 to 70 kg, +70 to 78 kg, +78 kg</li> <li><b>Team competitions:</b> team (up to 52 kg, +52 to 57 kg, +57 to 63 kg, +63 to 70 kg, +70 kg)</li> </ul>	18 August	21 – 23 August	24 August

Nº	Sport	Events	Date of arrival (no earlier)	Competition dates	Dates of departure (no later)
6	Futsal	<ul style="list-style-type: none"> <li>● Men's tournament (12 teams)</li> <li>● Women's tournament (12 teams)</li> </ul>	16 August	19 – 23 August	24 August
7	Table tennis	<ul style="list-style-type: none"> <li>● Men: singles, doubles, team tournament (16 teams)</li> <li>● Women: singles, doubles, team tournament (16 teams)</li> <li>● Mixed Doubles</li> </ul>	20 August	23 – 28 August	29 August
8	Swimming	<ul style="list-style-type: none"> <li>● Men: <ul style="list-style-type: none"> <li>freestyle: 50 m, 100 m, 200 m, 400 m, 800 m, 1500 m.</li> <li>backstroke: 50 m, 100 m, 200 m.</li> <li>breaststroke: 50 m, 100 m, 200 m.</li> <li>butterfly: 50 m, 100 m, 200 m.</li> <li>individual medley: 200 m, 400 m.</li> <li>relays: 4x100 m, 4x200 m вольный стиль, 4x100 m комбинированная</li> </ul> </li> <li>● Женщины: <ul style="list-style-type: none"> <li>freestyle: 50 m, 100 m, 200 m, 400 m, 800 m, 1500 m.</li> <li>backstroke: 50 m, 100 m, 200 m.</li> <li>breaststroke: 50 m, 100 m, 200 m.</li> <li>butterfly: 50 m, 100 m, 200 m.</li> <li>individual medley: 200 m, 400 m.</li> <li>relays: 4x100 m, 4x200 m вольный стиль, 4x100 m комбинированная</li> </ul> </li> <li>● Mixed: <ul style="list-style-type: none"> <li>relays: freestyle 4x100 m, medley 4x100m</li> </ul> </li> </ul>	19 August	22 – 27 August	28 August
9	Diving	<ul style="list-style-type: none"> <li>● Men: individual events: springboard 1m, springboard 3m, platform</li> <li>● Women: individual events: springboard 1m, springboard 3m, platform</li> <li>● Mixed: synchronised events: 3m springboard, 10 m platform, team event: (3m/10m)</li> </ul>	18 August	21 – 24 August	25 August
10	Sambo	<ul style="list-style-type: none"> <li>● Men: up to 58 kg, from +58 to 64 kg, from +64 to 71 kg, from +71 to 79 kg, from +79 to 88 kg, from +88 to 98 kg, +98 kg</li> <li>● Women: up to 50 kg, +50 to 54 kg, +54 to 59 kg, +59 to 65 kg, +65 to 72 kg, +72 to 80 kg, +80 kg</li> <li>● Combat sambo, men: up to 58 kg, +58 to 64 kg, +64 to 71 kg, +71 to 79 kg, +79 to 88 kg, +88 to 98 kg, +98 kg</li> </ul>	23 August	26 – 28 August	29 August



Nº	Sport	Events	Date of arrival (no earlier)	Competition dates	Dates of departure (no later)
11	Wrestling	<ul style="list-style-type: none"> <li>● <b>Men's Greco-Roman:</b> -55kg, -60kg, -63kg, -67kg, -72kg, -77kg, -82kg, -87kg, -97kg, -130kg</li> <li>● <b>Men's freestyle:</b> - 57 kg, -61 kg, -65 kg, -70 kg, -74 kg, -79 kg, -86 kg, -92 kg, -97 kg, -125 kg</li> <li>● <b>Women's freestyle:</b> -50kg, -53kg, -55kg, -57kg, -59kg, -62kg, -65kg, -68kg, -72kg, -76kg</li> </ul>	18 August	21 – 26 August	27 August
12	Tennis	<ul style="list-style-type: none"> <li>● <b>Men:</b> singles, doubles</li> <li>● <b>Women:</b> singles, doubles</li> <li>● <b>Mixed doubles</b></li> </ul>	18 August	21 – 27 August	28 August
13	Taekwondo	<ul style="list-style-type: none"> <li>● <b>Men:</b> <b>individual events, kyorugi competition:</b> up to 54 kg, over 54 kg up to 58 kg, over 58 kg up to 63 kg, over 63 kg up to 68 kg, over 68 kg up to 74 kg, over 74 kg up to 80 kg, over 80 kg up to 87 kg , over 87 kg <b>team events, kyorugi</b></li> <li>● <b>Women:</b> <b>individual events, kyorugi competition:</b> up to 46 kg, over 46 kg up to 49 kg, over 49 kg up to 53 kg, over 53 kg up to 57 kg, over 57 kg up to 62 kg, over 62 kg up to 67 kg, over 67 kg up to 73 kg , over 73 kg <b>team events, kyorugi</b></li> </ul>	26 August	29 – 31 August	1 September
14	Rhythmic Gymnastics	<ul style="list-style-type: none"> <li>● <b>Women:</b> <b>individual:</b> all-around, final hoop, final ball, final clubs, final ribbon <b>group events:</b> group: all-around, final 5 hoops final 3 ribbon, 2 balls</li> </ul>	25 August	28 – 30 August	31 August

\* Training and warm-ups are arranged at the competition venues



## REQUIREMENTS FOR THE PARTICIPANTS

- There are no participation fees. Accommodation, food and beverage and transportation between the Festival venues are provided for free.
- University teams are selected by the Organising Committee based on the proposal from NUSFs.
- Entry quotas for each sport are determined by the Organising Committee and specified in the Regulations.
- In Team sports (Basketball 3x3, Volleyball, Futsal) only 2 universities from each participating country may take part in the Festival competitions. In exceptional cases, additional teams may be allowed by decision of the Organising Committee.
- The Festival competitions are held without summing up the team ranking.
- Each university team consists of athletes and officials (team leader, coach, etc.)
- From one university, no more than one team is allowed to participate in each sport. Full-time students and graduate students at universities studying under higher education programmes, as well as graduates of universities in 2023, regardless of their citizenship, are allowed to participate in the Festival.
- Athletes aged no younger than 17 years old and no older than 25 years old inclusive (born 1998-2005) are allowed to compete.





## REQUIREMENTS FOR THE PARTICIPANTS

- An athlete has the right to represent only one university and/or the United Universities team.
- United Universities team may consist of athletes representing different universities of the same country and is allowed to participate in team tournaments in Badminton, Judo, Table Tennis, Taekwondo, Swimming relay events as well as group Rhythmic gymnastics events. Such a team is called United Universities Team (the name of the country participating in the Festival). The admission of the combined university teams is carried out upon a preliminary NUSF application, approved by the Organising Committee of the Festival.
- Each university participating in the Festival has the right to additionally appoint one university representative as the head of the delegation and include him\her into the delegation.
- NUSF representatives have the right to take part in the Festival events to carry out general coordination of the university teams of their country. The number of NUSF representatives from one country is limited to two persons.
- Sport entry quotas and entry procedure, as well as information on sports equipment for each sport is specified in the Regulations.

The Festival competition venues are modern sports complexes with well-developed infrastructure which have the capacity to hold major national and international events.

Six venues in Ekaterinburg are planned to host the Festival sports events.

Training and warm-ups are arranged at the competition venues.

Nº	Name of venue	Sport	Distance to the Athletes Village	Venue photo
1	Palace of Team Sports	Volleyball Futsal	16 km/35 min	
2	Palace of Water Sports	Swimming Diving	Walking distance	
3	Judo Arena	Judo Sambo	21 km/35 min	
4	Ekaterinburg-Expo International Exhibition Centre	Table tennis Badminton Boxing Basketball 3x3 Taekwondo Wrestling	Walking distance	
5	Greenwich Tennis Academy	Tennis	21 km/35 min	
6	Rhythmic Gymnastics Centre	Rhythmic Gymnastics	25 km/35 min	





## ACCOMMODATION

Participants shall be accommodated in the Festival Athletes Village in Ekaterinburg.

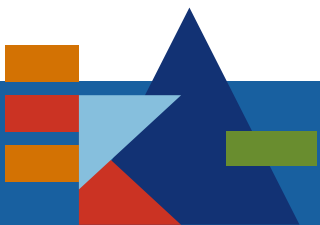
The Athletes Village is located in Novokoltsovskiy district in the city south-east, on the route from Koltsovo International Airport to the downtown.

It takes seven minutes to get there from the airport and 45 minutes from the railway station.

Several facilities will serve participants in the Athletes Village:

- Multifunctional complex;
- Dormitory complex;
- Flag plaza;
- Warm-up field;
- Main Dining Hall;
- Cultural Programme zone;
- Fitness centre and areas for sports and outdoor activities.

Dormitory rooms are equipped with all necessary amenities for comfortable stay, each room has its own bathroom. Lounge rooms, round-the-clock self-service laundries with ironing facilities will be available in the dormitories.





## FOOD AND BEVERAGE

Hot meals will be provided in the Main Dining Hall of the Athletes Village.

The Main Dining Hall will offer food serving lines (buffet service) with dishes of the Russian and European cuisines (excl. pork dishes) as well as cold and hot beverages. Light meals will be provided in between the meal hours. The Main Dining Hall will be open from 6 a.m. to 12 a.m. every day. The participants will be provided with breakfast, lunch, dinner, or late dinner (on pre-order).

Depending on the competition schedule for some sports, participants will be provided with hot meals (meal boxes) at the venues arranged by pre-order through the Main Information Centre.

All competition venues will have a refreshment station for participants set up either in the lounge or in changing rooms. Those are self-serving buffets with snacks, fruits, energy bars, room temperature bottled water, hot beverages and cooled bottled water (on request for certain sports). During the training, the drinking regime of athletes will be supported by room temperature bottled water.

The Festival participants will be provided with local transportation services three days before the start, during and two days after the end of the Festival.

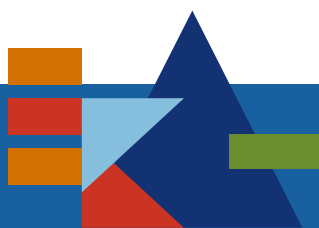
Transportation services include:

- Transfers to/from points of arrival/departure;
- Shuttle bus service between accommodation and competition venues;
- Team buses for volleyball and futsal.

## ARRIVAL AND DEPARTURE

From 16 August to 2 September 2023 the Organising Committee provides services at the official points of arrival and departure:

- Koltsovo International Airport – around the clock;
- Ekaterinburg-Passazhirsky Railway Station – according to the arrival and departure schedule.





## INSURANCE

Athletes are allowed to take part in the competitions only if they have an accident and health insurance certificate (covering sports risks, COVID risks, etc.), which is submitted to the commission for the admission of participants by each competition participant.

All delegation members of the university team or members of United Universities Team must be insured. The documents must be provided in Russian and/or English.





## ACCREDITATION AND REGISTRATION

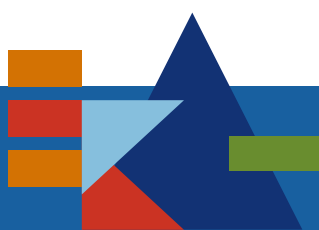
### Registration forms and deadlines

Intention of Participation form to be sent to the universities, includes the following information:

- Preliminary information on the total number of participating athletes;
- Preliminary information on the total number of team officials;
- Preliminary information on the total number of delegation officials.

Q-form is filled in by the university. It is a quantitative form which includes:

- Information on the exact number of athletes participating in each sport and in each event;
- Information on the number of team officials by sports;
- Number of delegation officials.



I-form is filled in by the university. It is an individual form for each participant. The form includes the following data:

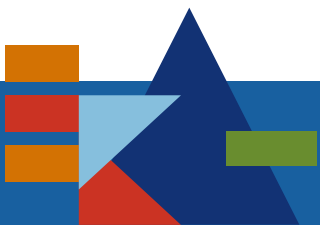
- Personal data of each participant (name, nationality, gender, weight, date of birth, ID number, country of residence and etc.);
- Arrival and departure data for each participant.

I-form shall be submitted no later than one month prior to the start of the Festival.

### **Procedures upon arrival**

The head of delegation (or his/her representative) arrives to the Main Accreditation Centre and proceeds as follows:

- Takes accreditation procedure checklist at the check-in desk;
- Goes to the accreditation desk to check the accreditation information, list of names and dates of arrivals and departures;
- Receives accreditation cards for participants.





## MEDICAL ASSISTANCE AND DOPING CONTROL

### Medical assistance

Emergency health services as well as a mobile medical unit will be operating on the territory of the Athletes Village 24/7.

During the Festival events, medical assistance will be provided by authorized medical organizations and by medical stations for athletes (providing medical assistance to athletes and officials), as well as medical stations for spectators. All competition venues will be provided with the required number of Class B and class C ambulance teams.

**Emergency medical services are free of charge. In all other cases, you must have health insurance.**

### Doping control

The anti-doping support of the Festival is carried out in accordance with the All-Russian Anti-Doping Rules approved by the Order of the Ministry of Sport of the Russian Federation No. 464 dated 24 June 2021.

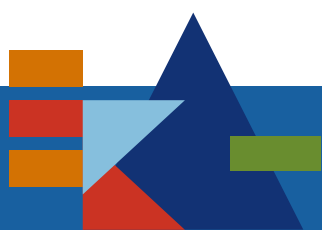
Subject to Anti-Doping Rule Article 12.14.1, no Athlete or other Person who has been subject to a Ineligibility or Provisional Suspension shall, during the period of Ineligibility or Provisional Suspension, take part in any capacity in the Festival.



## ANTI-EPIDEMIC MEASURES

At the moment, there are no restrictions on crossing the Russian border. Due to the continually changing epidemiological situation, the requirements for participants may be subject to change. Up-to-date information about the epidemiologic situation can be found on the website of the Federal Service for the Oversight of Consumer Protection and Welfare (Rospotrebnadzor): <https://www.rospotrebnadzor.ru/en/>.

More up-to-date information will be provided at a later date.



# CONTACT DETAILS

 [participants@ekat2023.com](mailto:participants@ekat2023.com)

**WELCOME TO THE UNIVERSITY  
INTERNATIONAL SPORTS FESTIVAL!**